Selecthealth. Value Expanded Bronze 7800 - no deductible for office visits

Coverage Period: 01/01/2022 - 12/31/2022 Coverage for: Single/Family | Plan Type: HMO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit selecthealth.org or call 800-538-5038. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at selecthealth.org/sbc or call 800-538-5038 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$7,800 person/ \$15,600 family in-network per calendar year.	Generally, you must pay all the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Prescription drugs, <u>Preventive</u> Services, and office visits are covered before you meet your <u>Deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$1,500 per person for prescription drugs. There are no other specific Deductibles .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,700 person/ \$17,400 family in-network per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u> <u>pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out–of–pocket limit</u> ?	Premiums, balance-billed charges, preventive services, healthcare this plan doesn't cover, and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. To find an in-network SelectHealth Value [®] provider visit selecthealth.org/findadoctor or call Member Services at 800-538-5038.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a provider for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network</u> <u>provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

* For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I40A1747.

All <u>c</u>

All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness (PCP)	\$50/visit	Not covered	Deductible does not apply.	
	<u>Specialist</u> visit (SCP)	\$95/visit	Not covered	Certain limitations apply to allergy testing, treatment and serum. Deductible does not apply.	
	<u>Preventive</u> care / <u>screening</u> / immunization	No charge	Not covered	Frequency limitations apply. You may have to pay for services that aren't preventive . Ask your provider if the services needed are preventive . Then check what your plan will pay for. Deductible does not apply.	
lf you have a test	Diagnostic test (x-ray, blood work)	No charge	Not covered	None	
	Imaging (CT/PET scans, MRIs)	40% <u>co-insurance</u>	Not covered	None	
If you need drugs to	Tier 1	\$20/prescription	\$20/prescription	Certain limitations apply. Benefits may be denied or	
treat your illness or	Tier 2	\$30/prescription	\$30/prescription	reduced for failure to obtain preauthorization when	
condition More information about	Tier 3	30% <u>co-insurance</u>	30% <u>co-insurance</u>	required with <u>out-of-network providers</u> . Pharmacy deductible waived for tiers 1 and 2. Tiers 3 and 4	
prescription drug	Tier 4	50% <u>co-insurance</u>	50% <u>co-insurance</u>	Maintenance drugs must be filled with Intermountain	
<u>coverage</u> is available at	Tier 5	50% <u>co-insurance</u>	50% <u>co-insurance</u>	Home Delivery Pharmacy.	
selecthealth.org/prescri ptions/default.aspx?st=u t& <u>plan</u> =core	<u>Specialty drugs</u>	50% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to obtain <u>preauthorization</u> when required with <u>out-of-network providers</u> .	

0		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
lf you have	Facility fee (e.g., ambulatory surgery center)	40% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of- network providers.	
outpatient surgery	Physician/surgeon fees	40% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of- network providers.	
	Emergency room services	\$600/visit	\$600/visit	Emergency room services apply to in-network benefits.	
If you need immediate medical attention	Emergency medical transportation	40% <u>co-insurance</u>	40% <u>co-insurance</u>	Emergencies only. <u>Emergency medical</u> <u>transportation</u> applies to in-network benefits.	
	Urgent care	\$70/visit	Not covered	Applies to urgent care facilities only. Deductible does not apply.	
lf you have a hospital stay	Facility fee (e.g., hospital room)	40% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-c	
••••	Physician/surgeon fee	40% <u>co-insurance</u>	Not covered	network providers.	
lf you need mental health, behavioral health, or substance	Outpatient services	\$50/visit for office visits, 40% <u>co-insurance</u> for outpatient	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of- network providers. Additional limitations and	
abuse services	Inpatient services	40% <u>co-insurance</u>	Not covered	exclusions apply. Deductible does not apply to mental health office visits.	
	Office visits	\$50/visit	Not covered	Deductible does not apply.	
lf you are pregnant	Childbirth/delivery professional services	40% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of- network providers. Depending on the type of	
	Childbirth/delivery facility 40% g		Not covered	services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply.	

* For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I40A1747.

0	Services You May Need	What You Will Pay		Limitations Executions 8 Other Important	
Common Medical Event		Network Provider	Out-of-Network Provider	Limitations, Exceptions, & Other Important Information	
		(You will pay the least)	(You will pay the most)		
	Home health care	40% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of-	
	<u></u>			network providers.	
		\$95/visit for outpatient,		Up to 20 visits per year for outpatient therapies,	
				combined. Up to 40 days per year for inpatient therapies, combined. Benefits may be denied or	
	Rehabilitation services	\$95/day for inpatient	Not covered	reduced for failure to obtain <u>preauthorization</u> when	
				required with out-of-network providers.	
				Deductible does not apply to outpatient services.	
		\$95/visit	Not covered	Up to 20 visits per year for outpatient therapies, combined. Benefits may be denied or reduced for	
lf you need help	Habilitation services			failure to obtain preauthorization when required	
recovering or have other				with out-of-network providers . Deductible does	
special health needs				not apply to outpatient services.	
		40% <u>co-insurance</u>	Not covered	Up to 60 days per calendar year. Benefits may be denied or reduced for failure to obtain	
				preauthorization when required with out-of-	
				network providers.	
	<u>Durable medical equipment</u> (DME)	40% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced for failure to	
				obtain preauthorization when required with out-of- network providers . A different benefit may apply to	
				prosthetic devices.	
	Hospice service			Benefits may be denied or reduced for failure to	
		40% <u>co-insurance</u>	Not covered	obtain preauthorization when required with out-of- network providers.	
	Children's eye exam	No charge	Not covered	Covered through age 18. <u>Deductible</u> does not	
	Chillulen S Eye exam			apply.	
If your child needs dental or eye care	Children's glasses	40% <u>co-insurance</u>	Not covered	Covered through age 18. Corrective lenses or	
				contacts, one set per year. Covered through age 18. Two oral examinations and	
	Children's dental check-up	\$95/visit	Not covered	cleanings per calendar year. Deductible does not	
				apply.	

Excluded Services & Other Covered Services:

with limitations

Abortions/termination of pregnancy except in limited	Experimental and/or investigational services	Services related to certain illegal activities
circumstances	• Eyeglass frames	• Services that are not medically necessary
Acupuncture	Immunizations for Anthrax, BCG, Cholera, Plague,	• Temporomandibular Joint (TMJ) services
 Administrative services/charges 	Typhoid and Yellow Fever	
Bariatric surgery	 Infertility treatment 	
Chiropractic Care	Long-term care	
Cosmetic, reconstructive or corrective services,	 Non-Emergency care when traveling outside the 	
except in limited circumstances	U.S.	
Dental care (adult/child), except in limited	Orthotic and other corrective appliances for the foot	
circumstances	Services for which a third-party is or may be	
Dental check-up (Adult)	responsible	
Other Covered Services (Limitations may apply to	these services. This isn't a complete list. Please see yo	bur <u>plan</u> document.)
Hearing aids in limited circumstances, one device	Routine eye care (Adult)	Weight loss programs as part of a program
per 3 years	Routine foot care, covered in limited circumstances	approved by SelectHealth
 Private Duty Nursing, requires preauthorization 		

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov; or contact the <u>Plan</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your **plan** for a denial of a **claim**. This complaint is called a **grievance** or **appeal**. For more information about your rights, look at the explanation of benefits you will receive for that medical **claim**. Your plan documents also provide complete information to submit a claim, **appeal**, or a **grievance** for any reason to your **plan**. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or dol.gov/ebsa/healthreform; or If your coverage is fully-insured, you may also contact the Utah Insurance Department, Office of Consumer Assistance, Suite 3110, State Office Building, Salt Lake City, Utah 84114.

To contact SelectHealth Member Services, please call 800-538-5038 weekdays, TTY users should call 711, or visit us at selecthealth.org.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> Hospital (facility) Other 	\$7,800 \$95 40% 40%	 The <u>plan's</u> overall <u>deductible</u> \$7,800 <u>Specialist</u> \$95 Hospital (facility) 40% Other 40% 		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> Hospital (facility) Other 	\$7,800 \$95 40% 40%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood work</i>) <u>Specialist</u> visit (<i>anesthesia</i>)		This EXAMPLE event includes services like:Primary care physicianoffice visits (including disease education)Diagnostic tests(blood work)Prescription drugsOurable medical equipment (glucose meter)		This EXAMPLE event includes services like:Emergency room care (including medicalsupplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$4,200	Deductibles	\$2,100	Deductibles	\$800
Copayments	\$0	Copayments	\$1,200	Copayments	\$2,500

The total Peg would pay is	\$8,760		
Limits or exclusions	\$60		
What isn't covered			
Coinsurance	\$4,500		
Copayments	\$0		
Boddollbioo	ψ4,200		

\$8,760The total Joe would pay is\$4,660The total Mia would pay isThe plan would be responsible for the other costs of these EXAMPLE covered services.

What isn't covered

\$1,300

\$60

Coinsurance

Limits or exclusions

What isn't covered

I40A1747

This is a Expanded Bronze plan as defined by the Affordable Care Act

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SelectHealth, IncSM 6/22/2021 v1.12

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Coinsurance

Limits or exclusions

\$500

\$0

\$3,800

Non-Discrimination Notice

SelectHealth obeys Federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

We provide free aid and services to people with disabilities to help them communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). We also provide free language services to people whose primary language is not English, such as qualified interpreters and member materials written in other languages.

If you need these services, please call SelectHealth Member Services at 800-538-5038 or SelectHealth Advantage Member Service at 855-442-9900. Any member or other person who believes he/she may have been subject to discrimination may file a complaint or grievance by calling the SelectHealth 504/Civil Rights Coordinator at 844-208-9012 or the Compliance Hotline at 800-442-4845 (TTY Users: 711). You may also call the Office for Civil Rights at 1-800-368-1019 (TTY Users: 800-537-7697).

Language Access Services Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a SelectHealth: **800-538-5038.**

Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 SelectHealth: 800-538-5038.。

Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số SelectHealth: **800-538-5038**.

Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. SelectHealth: 800-538-5038. 번으로 전화해 주십시오.

Navajo

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'dę'ę'', t'áá jiik'eh, éí ná hólǫ', kojį' hódíílnih SelectHealth: **800-538-5038**.

Nepali

ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । SelectHealth: 800-538-5038 मा फोन गर्नुहोस्।

Tongan

FAKATOKANGA'I: Kapau 'oku ke lea fakatonga, ko e kau fakatonu lea te nau tokoni atu ta'etotongi, pea te ke lava 'o ma'u ia. Telefoni ki he SelectHealth: **800-538-5038**.

Serb-Croatian

ОБАВЕШТЕЊЕ: Ако говорите српски језик, услуге језичке помоћи доступне су вам бесплатно. Позовите SelectHealth: **800-538-5038**.

Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa SelectHealth: **800-538-5038**.

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: SelectHealth: **800-538-5038**.

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги переводчика. Позвоните SelectHealth: **800-538-5038**

Arabic

ةدعاسملا تامدخ ناف ،ةيبر علا ثدحتت تنك اذا : ةظوحلم تكرشب لصتا ناجملاب كل رفاوتت ةيو غللا SelectHealth: 800-538-5038

Mon-khmer, Cambodian

សម្គាល់៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ សេវា ជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមាន សំរាប់ អ្នក។ សូមទូរស័ព្ទមក SelectHealth: 800-538-5038 ។

French

ATTENTION : si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez SelectHealth: **800-538-5038**.

Japanese

注意事項:日本語を話される場合、無料の 言語 支援をご利用いただけます。 SelectHealth: **800-538-5038**.まで、お電話にて ご連絡ください。

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