

Individual value-added features: Utah.

We've expanded our coverage to include benefits that add more value to our plans and programs that help our members live their healthiest lives.

Wellness rewards.*

- Gym membership rewards or physical activity rewards up to \$240 per person and \$580 per family. Visit selecthealth.org/wellness/wellness-rewards for details.



Virgin Pulse Online Health Check®

Take it a step further with the Virgin Pulse Online Health Check® assessment. Although completing the online health assessment is optional, we strongly encourage all members participating in a fitness program to do so. Our health assessment can help you discover connections between daily lifestyle choices and your long-term health.

Expanded virtual care options.

- Intermountain Connect CareSM is available 24/7 for urgent conditions at no or low out-of-pocket costs using the Intermountain Health Patient Portal app or by visiting intermountainhealthcare.org/myhealth.
- \$0 out-of-pocket cost virtual visits for urgent care, primary care, nutrition consultation, and mental healthcare on many plans.

Rx Savings Solutions®

- Access more than 55,000 pharmacies, including all major national chains.
- Average annual savings of \$455.
- Learn how Select Health members can save more on prescription drugs by visiting rxsavingsolutions.com.



Mark Cuban Cost Plus Drugs.

Select Health members have access to more than 1,000 prescription products at potentially lower prices than traditional pharmacy locations. Visit costplusdrugs.com to learn more.

Member discounts.

- Member discounts on health-related products and services.
- ChooseHealthy® (access through Select Health member account).
- Discounts up to 55% on popular health and fitness brands.
- Save up to 25% on services from specialty healthcare practitioners.
- Online health classes and articles.
- Visit discounts.selecthealth.org/discounts.



*Rewards received may be considered income and subject to tax.

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Wellness tools.

- **Way to Wellness**—one-year diabetes prevention program for adults who want to work with a registered dietician to lose weight.
- **Preventive care at no additional cost**—includes coverage for wellness checkups, immunizations, and more.
- **Quit for Life**®—access to a tobacco cessation program.
- **Healthy Beginnings**®—a prenatal program that provides support for a safe and healthy pregnancy.
- **Care Management**—our team of nurse Care Managers can support members with chronic conditions.



Select Health mobile app.

- View plan details.
- Estimate medical costs for specific services or procedures.
- Review medical and pharmacy claims in one location.
- Find wellness tips and resources.
- Search for covered medications, compare drug prices, and see other information about pharmacy benefits.
- Request a call or chat with our Member Services team.
- Print or email copies of your ID cards.

Urgent and emergency care.

- Nationwide access for members outside of Utah, Idaho, and Nevada.
- Access to 83% of all hospitals and 2/3 of the healthcare professionals in the United States.
- Access to nearly 850,000 physicians nationwide.
- Same excellent Select Health customer service.



These benefits may not be available on Transition Plans or Grandmothered Plans. Please see your plan specific details.