

Individual value-added features: Nevada.

We've expanded our coverage to include benefits that add even more value to our plans and programs that help our members live their healthiest lives.

Wellness Loyalty Rewards program.*

Enroll in our wellness activities and earn up to \$240 per person/\$580* per family per calendar year. Wellness activities include things like:

- Enrollment in Intermountain Connect Care®.
- Receiving your annual wellness exam.
- Joining Quit for Life®.
- Receiving mental healthcare.
- Staying fit by joining a gym or keeping track of your physical activity.
- You can now earn rewards for healthy living activities like tai chi, yoga, and acupuncture.
- Learn more at selecthealth.org/loyalty.



Expanded virtual care options.

- Intermountain Connect CareSM is available 24/7 for urgent conditions at no or low out-of-pocket by visiting intermountainconnectcare.org.
- \$0 out-of-pocket cost virtual visits for urgent care, primary care, and mental healthcare on many plans.

Rx Savings Solutions®.

- Online pharmacy cost transparency service that helps Select Health members save money on their prescription drugs.
- Access to more than 55,000 pharmacies, including all major national chains.
- Average annual savings of \$455.
- Learn more at rxsavingsolutions.com.



Mark Cuban Cost Plus Drugs

Select Health members have access to more than 1,000 prescription products at potentially lower prices than traditional pharmacy locations. Visit costplusdrugs.com to learn more.



*Rewards received may be considered income and subject to tax.

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Member discounts.

- Discounts on health and wellness products, gym memberships, and more.
- **Select Health Discounts**—Discounted gyms, equipment, alternative medicine appointments, and health & wellness articles.
- **ChooseHealthy**—Product discounts up to 50% off of popular brands. Access through your Select Health member account.
- **Active&Fit Direct**—Discounted gym and exercise studio memberships. Access through your Select Health member account.
- Visit discounts.selecthealth.org to learn more.

Select Health mobile app.

- View plan details.
- Review medical and pharmacy claims in one location.
- Find wellness tips and resources.
- Search for covered medications, compare drug prices, and see other information about pharmacy benefits.
- Estimate medical costs for specific services or procedures.
- Request a call or chat with our Member Services team.

- Print or email copies of your ID cards.

Wellness tools.

- **Way to Wellness**—one-year diabetes prevention program for adults who want to work with a registered dietician to lose weight.
- **Preventive care at no additional cost**—includes coverage for wellness checkups, immunizations, and more.
- **Quit for Life**®—access to a tobacco cessation program.
- **Healthy Beginnings**®—prenatal program that provides support for a safe and healthy pregnancy.
- **Care Management**—our team of nurse Care Managers can support members with chronic conditions.



Urgent and emergency care.

- Nationwide access for members outside of Utah, Idaho, and Nevada.
- Access to 83% of all hospitals and 2/3 of the healthcare Professionals in the United States.
- Access to nearly 850,000 physicians nationwide.
- Same great Select Health customer service.

