

Dribble Pin Knockout

Grade Level: 4-6

Skills: Dribbling, hand-eye coordination, and basic manipulation of objects are some of the skills involved.

Objective: **Standard 6.SDP.3:** Explore consequences for using technology inappropriately and discuss school policies.

Equipment: Try to utilize a one to one ratio of an easily bounced ball per student. Use as many pin-type objects as possible e.g. 2-liter bottles, milk jugs, half cones, etc.

Organization: Students will be dispersed throughout the activity center in a scatter formation. Set-up the pins you'll be using all over the activity area in a random pattern. Each student should have an easily bounced ball at their disposal.

Activity: When you signal your students to begin, each student will maintain a dribble while picking up a pin and setting it down. Each student will continue picking up and setting down random pins until you signal them to stop. The next activity will require two separate teams. When you signal your students to begin, one team will knock over the pins and the other team will set them up. Continue in that manner for a few minutes and then switch tasks for each team for another few minutes. Remind students to keep their heads up and eyes scanning as much as possible to avoid collisions. This also reinforces a basketball skill which is heads level top the floor and eyes are scanning for teammates and/or defenders.

Closure: Which task was easier? Setting the pins upright or setting them down?

Health: Why do our computers filter things? What should you do if you see something on the internet that you think is inappropriate? What is our school policy regarding technology usage? What are some things listed on the appropriate internet usage form you and your parents sign every year?

Piloted at: Heritage