

Osteoporosis: Management of Women with a Fracture

Screening Options

This osteoporosis measure (OMW) reflects the percentage of women ages 67–85 years who:

- Suffered a fracture; **and**
- Had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis in the 180 days (6 months) after the fracture

To be compliant, choose either BMD or medications detailed below.

BONE MINERAL DENSITY SCREENING: DEXA SCAN

Select Health encourages patients to have a follow-up bone density test within 180 days of a fracture. This test should be a DEXA scan that either the primary care provider orders or the patient receives through a vendor we work with, **House Call Doctors™**, who offers an in-home osteoporosis screening option.

House Call Doctors can be reached at 801-485-5055.

If the patient completes a DEXA scan via either option within the 180-day time frame, they will receive \$50 added to their Flexible Benefits card.

OSTEOPOROSIS MEDICATIONS

To be compliant, the patient must:

- Be prescribed an osteoporosis medication; **and**
- Receive the medication from the pharmacy

Table 1 below indicates Select Health-covered medications for osteoporosis that are compliant with this measure.



DESCRIPTION	PRESCRIPTION
Bisphosphonates	<ul style="list-style-type: none"> • Alendronate • Alendronate-cholecalciferol • Ibandronate • Risendronate • Zoledronic acid
Other agents	<ul style="list-style-type: none"> • Abaloparatide • Denosumab • Raloxifene • Teriparatide • Romosozumab