



SUPERVISION FOR PHYSICAL THERAPY SERVICES

Policy # 52

Implementation Date: 1/1/08

Review Date:

Revision Date: 2/1/10, 9/16/14

Disclaimer:

1. Policies are subject to change without notice.
2. Policies outline coverage determinations for Select Health Commercial, Select Health Advantage (Medicare/CMS), and Select Health Community Care (Medicaid/CHIP) plans. Refer to the "Policy" section for more information.

Description

The physical medicine and rehabilitation codes are organized into the following categories: supervised modalities; constant attendance modalities; therapeutic procedures; and other procedures. The supervised modalities do not require direct (one-on-one) patient contact by the provider, but the constant attendance modalities do require direct patient contact by the provider.

General Supervision: means supervision and oversight of a person by a licensed physical therapist when the licensed physical therapist is immediately available in person, by telephone, or by electronic communications to assist the person.

On-Site Supervision: means supervision and oversight of a person by a licensed physical therapist or a licensed physical therapist assistant when the licensed physical therapist or licensed physical therapist assistant is:

- (a) Continuously present at the facility where the person is providing services;
- (b) Immediately available to assist the person; and
- (c) Regularly involved in the services being provided by the person.

One-On-One Supervision: means the provider or therapist must remain in contact with the patient via sight, sound, or touch.

The physical therapy codes also have determinations as to the level of care needed.

COMMERCIAL PLAN POLICY AND CHIP (CHILDREN'S HEALTH INSURANCE PROGRAM)

Select Health **follows the above definitions for supervision and will require Physical Therapists to comply with the supervision required for the services performed** that are defined within the Current Procedural Terminology book.

SELECT HEALTH ADVANTAGE (MEDICARE/CMS)

Select Health Advantage **will follow the commercial plan policy.**

SELECT HEALTH COMMUNITY CARE (MEDICAID)

Select Health Community Care **will follow the commercial plan policy.**

Applicable Codes

Codes	Descriptions
97001	Physical therapy evaluation
97002	Physical therapy re-evaluation
97010 - 97028	Physical medicine and rehabilitation modalities, supervised, code range
97032 - 97039	Physical medicine and rehabilitation modalities, constant attendance, code range.
97110 - 97530	Therapeutic procedures, code range
97542	Wheelchair management (eg., assessment, fitting, training), each 15 minutes
97545 - 97546	Work hardening/conditioning

Sources

1. *Current Procedural Terminology (CPT®)*, (2014) – American Medical Association
2. ICD-9-CM Coding Guidelines. (2013, January 1). Retrieved July 8, 2014, from https://www.encoderpro.com/epro/physicianDoc/pdf/i9v1/i9_guidelines.pdf
3. CPT® Assistant. (1995, June 1). Significant Revisions: Physical Medicine and Rehabilitation. pp. 5. Retrieved September 15, 2014.

Disclaimer

This document is for informational purposes only and should not be relied on in the diagnosis and care of individual patients. Medical and Coding/Reimbursement policies do not constitute medical advice, plan preauthorization, certification, an explanation of benefits, or a contract. Members should consult with appropriate healthcare providers to obtain needed medical advice, care, and treatment. Benefits and eligibility are determined before medical guidelines and payment guidelines are applied. Benefits are determined by the member's individual benefit plan that is in effect at the time services are rendered.

The codes for treatments and procedures applicable to this policy are included for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

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