



Select Health Medicare

Flex Card.

Select Health Medicare members receive all their wellness benefits in one easy-to-use Benefits Mastercard® Prepaid Card (Flex Card).

You can use this card to pay for eligible items and services. Plus, we will add funds to your card when you complete certain Healthy Living activities.

Your card has different purses for different benefits, including:

- **Wellness Your Way and Over-the-Counter (OTC)** allowance to spend on approved wellness activities like gym memberships, health education classes, golf green fees, ski lift passes, and over-the-counter items.
- **Active Your Way and Over-the-Counter (OTC)** allowance to spend on approved wellness activities like gym memberships, golf green fees, ski lift passes, fitness trackers, and over-the-counter items.
Only available on Select Health Medicare Active (HMO) plan.
- **Healthy Living Rewards** for keeping up with wellness activities like annual routine physicals and preventive screenings.
- **Kroger Grocery** allowance to spend on healthy groceries purchased at Kroger affiliate stores.*
Only available on Select Health Medicare + Kroger (HMO) plan.
- **Grocery and Utility Benefit** allowance to spend on healthy groceries or to help pay utility bills.*
Only available on Select Health Medicare Dual (HMO-DSNP) plan.
- **Flex Your Way** allowance to use on services like dental, routine hearing exams, hearing aids, vision services & hardware, and personal emergency response systems.
Only available on Select Health Medicare Flex (HMO) plan.

***These benefits are only available for members with a confirmed qualifying chronic condition on Select Health Medicare + Kroger (HMO) or Select Health Medicare Dual (HMO-DSNP) plans.**

How to use your card.

To use your Flex Card at an approved retail location, simply swipe it when paying for approved items or wellness services. Select “credit” when prompted. Selecting “debit” will decline the transaction, since your card does not have a PIN. Your card uses the funds from the appropriate purse to pay for the items or services.

To order OTC items online, visit

selecthealth.nationsbenefits.com or use the Benefits Pro app.

Visit selecthealth.org/medicare/wellness/flexible-benefits-card to learn more.

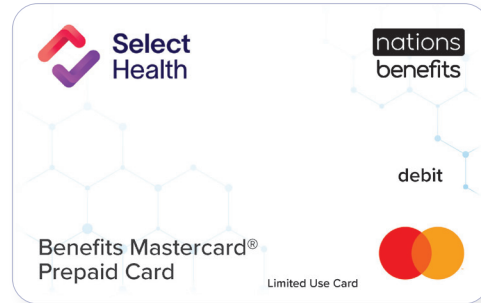


Manage your Flex Card.

Visit selecthealth.nationsbenefits.com or download the **Benefits Pro app** to access your account.

Once logged in, you can easily:

- Activate or manage your Flex Card.
- Review your purse balances and expiration dates.
- Browse, order, and track eligible OTC products.
- Search for approved retail locations.
- Review transaction history.
- Request a reimbursement for out-of-pocket purchases for covered services or items.



BENEFITS PRO PORTAL AND BENEFITS PRO APP.

Benefits Pro Portal.

To place an order, scan the QR code using your smartphone camera or visit: selecthealth.nationsbenefits.com



Benefits Pro App.

To place an order, scan the QR code using your smartphone camera or search “**Benefits Pro**” in the App Store or Google Play.



Need Help with Your Flex Card?

Call NationsBenefits at **833-878-0232 (TTY: 711)**.

NationsBenefits Member Experience Advisors are available 8:00 a.m. to 8:00 p.m. local time.

Select Health is an HMO, PPO, SNP plan sponsor with a Medicare contract. Enrollment in Select Health Medicare depends on contract renewal. Your plan offers benefits that are part of a special supplemental program for chronically ill enrollees. Eligible chronic conditions include diabetes, hypertension, musculoskeletal disorders, lung disorders, and cancer, as well as other conditions not listed. Eligibility for the benefits is not based solely on your condition and all eligibility requirements must be met before the benefits are provided. For details, please contact the Plan. Select Health obeys federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status. This information is available for free in other languages and alternate formats by contacting Select Health Medicare: **855-442-9900 (TTY: 711)** ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC, pursuant to license by Mastercard International Incorporated and card can be used for eligible expenses wherever Mastercard is accepted. Mastercard and the circles design is a trademark of Mastercard International Incorporated. Valid only in the U.S. No cash access.

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