



Select Health Share® — Revolutionary Healthcare.

Experience a new kind of health plan. One focused on reducing healthcare costs and improving workforce well-being.

Our integrated partnership with Intermountain Health blends shared risk with value-based care to promote financial stability for employers while engaging employees in programs that foster improved health outcomes.



**Select
Health**

Share bends the medical spend trend.

Excess fat around the waist and higher blood glucose levels can increase the risk of high blood pressure, heart disease, and type-2 diabetes.

Despite an aging population and pandemic setbacks, employees on Share have maintained stable blood glucose levels and waist circumferences for the past eight years.

In 2023 Share screened over 60% of employees for diabetes risk and rewarded over \$305,000 to those participating in the Share Diabetes Prevention and Management programs.



The average annual cost to manage diabetes is \$9,600 per patient. Every intervention that delays, prevents, or reverses Type 2 diabetes is essential to bending the medical spend trend.

Over the last five years employers who offer Select Health Share, on average, had **8.1% lower claims costs** per member, per month.

Employees are active and health conscious.



In 2023, over **97% of employees** on Select Health Share plans worked to improve their health through physical activity achievements, health assessments, digital health coaching, and physical screenings.

Data shows that employees on Select Health Share plans reported **5 times more step activities** than employees on a non-Share employer wellness product.

affordable care

Predictable rates guaranteed.

Select Health offers **multi-year guaranteed rates** for employers who meet designated engagement responsibilities and are committed to creating a culture of health and wellness in the workplace.



We help employers succeed.

We offer a **specialized Member Services team**, exclusive to Select Health Share members. Our friendly, knowledgeable team is dedicated to serving you. When you have questions, we have answers.



We combine comprehensive support with wellness consultations, health reports, and a dashboard that measures employee progress and tracks real-time health metrics. These tools provide insights for data-driven wellness decisions and give employers the information to accurately benchmark the engagement and success of the Share plan and wellness program.

We help employees succeed.

Select Health Healthy Living® (Powered by Personify Health and Sworkit)

This multifaceted wellness program includes personal consultations, health assessments, activity challenges, health coaching, workplace screening events and more. We'll help your employees track their physical activity and wellness engagements, and reward them for their participation.

And, because **Share employees tend to be more fit**, chiropractic services are also covered as a value-added benefit to help with those little aches and pains that come from a more active lifestyle.

Feel better with additional support.

Mental health is essential to well-being.



The Intermountain Employee Assistance Program (EAP) includes counseling, referrals, crisis services, and classes to help your employees and their families manage stress, deal with loss, or develop wellness strategies.

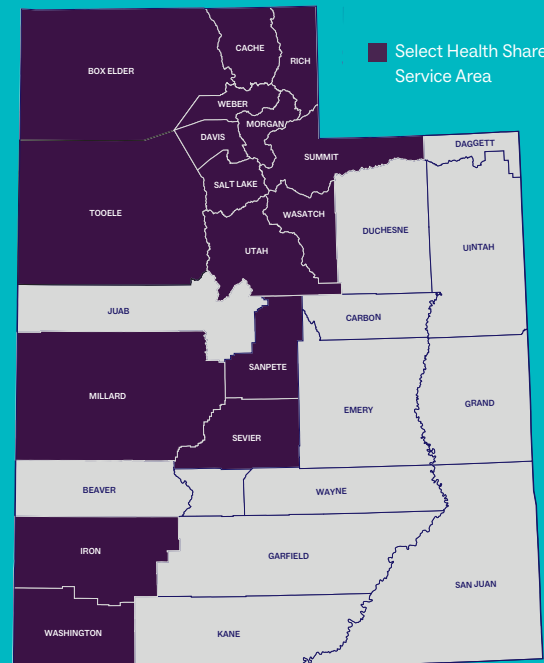
We recognize that mental and physical health are equally important to member well-being. And, because we also understand that workplace stress and depression can increase the risk for many physical problems, particularly chronic conditions like diabetes, heart disease, and stroke, we've included use of the Intermountain Health Employee Assistance Program (EAP) as a value-added program for Share.

EAP programs, combined with physical activity, can make a population's mental health more resilient. Most Share employees reported no change in their happiness scores despite setbacks caused by COVID.

A robust network.

The Select Health Share network includes all Intermountain Health doctors, facilities, clinics, InstaCare®, and KidsCare® locations within the Share service area. This includes:

- 24 hospitals, including Primary Children's Hospital.
- Over 500 clinics and other facilities
- Over 12,500 providers, including specialists you can see without a referral.
- Access to dozens of clinics and providers not affiliated with Intermountain Health.
- 24/7 Access to telehealth for urgent care and virtual doctor's visits through Intermountain ConnectCare®.
- 24/7 Access to the free Mental Health Hotline.
- 24/7 Access to Health Answers® nurse line.



Impacting real lives.

Select Health Share employers report this unique product is making a difference at their workplace.

"Change can be challenging, but Share made it easy. Select Health has done a phenomenal job in putting together a health insurance option that brings with it an excitement for wellness. Our employees have wholeheartedly embraced this new program. They've made habitual changes that help them live healthy and happy lives."

Tyler Jacobson,
Spanish Fork Assistant City Manager



Plan guidelines.

- Group must have at least 51 benefit-eligible employees.
- At least 65% of benefit-eligible employees should subscribe to a Select Health medical plan, with at least 80% of subscribers on the Select Health Share plan. This includes employees with waivers due to other medical coverage.
- Select Health Share is the only Select Health plan offered to employees living in the Share service area.
- Employer contributes at least 70% of the premium (based on the employer's lowest cost Select Health Share product) across all rating tiers. This does not include HSA contributions.
- The employer must offer a Qualified High Deductible Health Plan (QHDHP) option that can be paired with the HSA. In addition, the employer may also offer a traditional medical plan alongside the QHDHP, provided that the traditional plan's deductible is at least \$750. No additional benefit limitations are imposed.
- Employees on HDHPs are strongly encouraged, but not required to open and fund an HSA. However, employers are required to match employee HSA contributions at a minimum of 25% and a maximum of 50% of their plan deductible.

Ready to experience revolutionary healthcare?

Be part of the future of healthcare. Connect today with your Select Health Sales representative. We have something really special here, and we're ready to SHARE. Get ready to enjoy a health plan that has been proven to reduce costs and motivate employees to take charge of their health!

Learn about the shared commitments that power Select Health Share.



share

Select Health Share aligns financial risks and incentives so employers can enjoy predictable costs, a sustainable partnership with Select Health, and engaged, healthy employees.

Select Health Share, *Helping People Live the Healthiest Lives Possible.*®

Select Healthshare.org

