

Share Diabetes Prevention and Management Program Engagements

As a Share employee on either the Diabetes Prevention or Management program, you'll have both optional and required engagements to complete during your plan year. Use this chart as a quick reference to keep track of your requirements and the engagements you need to complete.

OPTIONAL***			REQUIRED		
	INTERVENTION	INTERVENTION PLUS	HBA1C	RETINAL EYE EXAM	KIDNEY LABS
Diabetes Prevention (*Low Risk)	Prediabetes 101 1 per year	Health Coaching MNT Way to Wellness 1 per year	None	None	None
Diabetes Prevention (**High Risk)	Prediabetes 101 1 per year	Health Coaching MNT Way to Wellness 1 per year	1 – 3 Years	None	None
Diabetes Management	None	Health Coaching MNT Way to Wellness 1 per year	1 per year	1 – 2 Years	1 per year
*American Diabetes Association (ADA) risk score > 5 and BMI > 25 but Age < 40 **ADA risk score > 5 and BMI > 25 and Age > 40; OR prediabetes diagnosis in claims *** Invited and incentivized to participate but doesn't count towards rate guarantee.					