

A photograph of a Black couple laughing joyfully. The woman, with curly hair and a colorful headband, is in the background, laughing with her mouth wide open. The man, with a shaved head and a beard, is in the foreground, also laughing. They are both wearing brown, textured knit sweaters. The background is a soft, out-of-focus sunset or sunrise sky.

Select Health FEHB member guide 2027

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Welcome to Select Health

We’re a nonprofit health plan dedicated to simplifying insurance for our members.

This guide can help you access and navigate your health benefits, find quality care, and keep costs down.

An integrated health system

We are integrated with Intermountain Health, which ensures you have:

- **The lowest cost of care** at their facilities
- **Resources** that help you live the healthiest life possible
- **Lowest cost, highest value care** to help manage your spend
- **Cost transparency** so you can budget appropriately for healthcare expenses
- **Digital tools** that are personalized to help you understand and utilize your benefits

Visit selecthealth.org/fehb to learn more.

Digital tools



Select Health member account and mobile app



A member account is the most convenient way to access benefit information and important cost saving resources.

Scan the QR code or visit selecthealth.org/resources/online-tools to register your account and download the app.



Medical cost estimator



Estimate the cost of specific services and procedures so you can plan for expenses prior to receiving care.

Access the cost estimator by logging in to your Select Health member account at selecthealth.org.



Intermountain Health patient portal and mobile app



Convenient access to all your health information and care options.

Scan the QR code or visit intermountainhealthcare.org/patient-portal to register your account and download the app

Support

If you can't find what you're looking for, reach out to Member Services. They have extended hours, including weekends, and offer online chat through your member account or mobile app.

Member Services

- Answer benefit questions.
- Help you understand your insurance plan.
- Chat online through your member account or mobile app.

7 a.m. to 8 p.m. MT, weekdays

9 a.m. to 2 p.m. MT, Saturdays

844-345-FEHB

Member Advocates

- Find the right doctors and facilities.
- Schedule appointments.
- Provide support to maximize benefits.

7 a.m. to 8 p.m. MT, weekdays

9 a.m. to 2 p.m. MT, Saturdays

800-515-2220



Learn more

selecthealth.org/member-support



Health insurance definitions

These are some common health insurance terms that will help you understand and navigate your health plan benefits.

ALLOWED AMOUNT

The maximum amount Select Health will pay for a covered service.

BALANCE BILLING

The amount you must pay a provider that isn't contracted with your health plan (the difference between the billed amount and the allowed amount).

COINSURANCE

A percentage of the cost of a covered service that you pay after you've met your deductible. For example, you pay 20%, the plan pays 80%.

COPAY

A fixed amount you pay the doctor, pharmacy, or facility for covered services. For example, you might pay \$15 for an office visit with your primary care doctor.

DEDUCTIBLE

Amount you must pay to doctors and facilities before your plan pays for certain covered services.

HSA PREMIUM PASSTHROUGH

If you have an HDHP, your health insurance plan will contribute a portion of your monthly premium to your HSA or to a health reimbursement arrangement.

NETWORK

A network is the combination of doctors and facilities contracted with us to provide care for the best price.

OUT-OF-POCKET (OOP) MAXIMUM

The total amount you may pay for services covered by your plan each year. Things like deductibles, coinsurance, and copays may apply to your out-of-pocket maximum.

PREMIUM

This is the monthly bill you pay for insurance coverage (to be a member of Select Health). It does not apply toward the cost-sharing amounts on your plan such as deductibles or out-of-pocket maximums.

Select Health Med[®] network

Standard Option Plan and High Deductible Health Plan (HDHP)

On both the Standard Option Plan and HDHP, you have access to the Select Health Med network.*

A network is a set of doctors and facilities Select Health has contracted to provide medical care at the lowest possible cost. Your network is listed on the front of your ID card.

*Standard Option Plan members – refer to the UnitedHealthcare (UHC) Options PPO Network page of this member guide for additional plan-specific coverage information.

In-network doctors and facilities



Scan the QR code or visit **selecthealth.org/find-care** to see which doctors and facilities participate on the Med network.

Remember, out-of-network benefits have a higher member cost-share and members may be subject to balance billing or preauthorization for services.

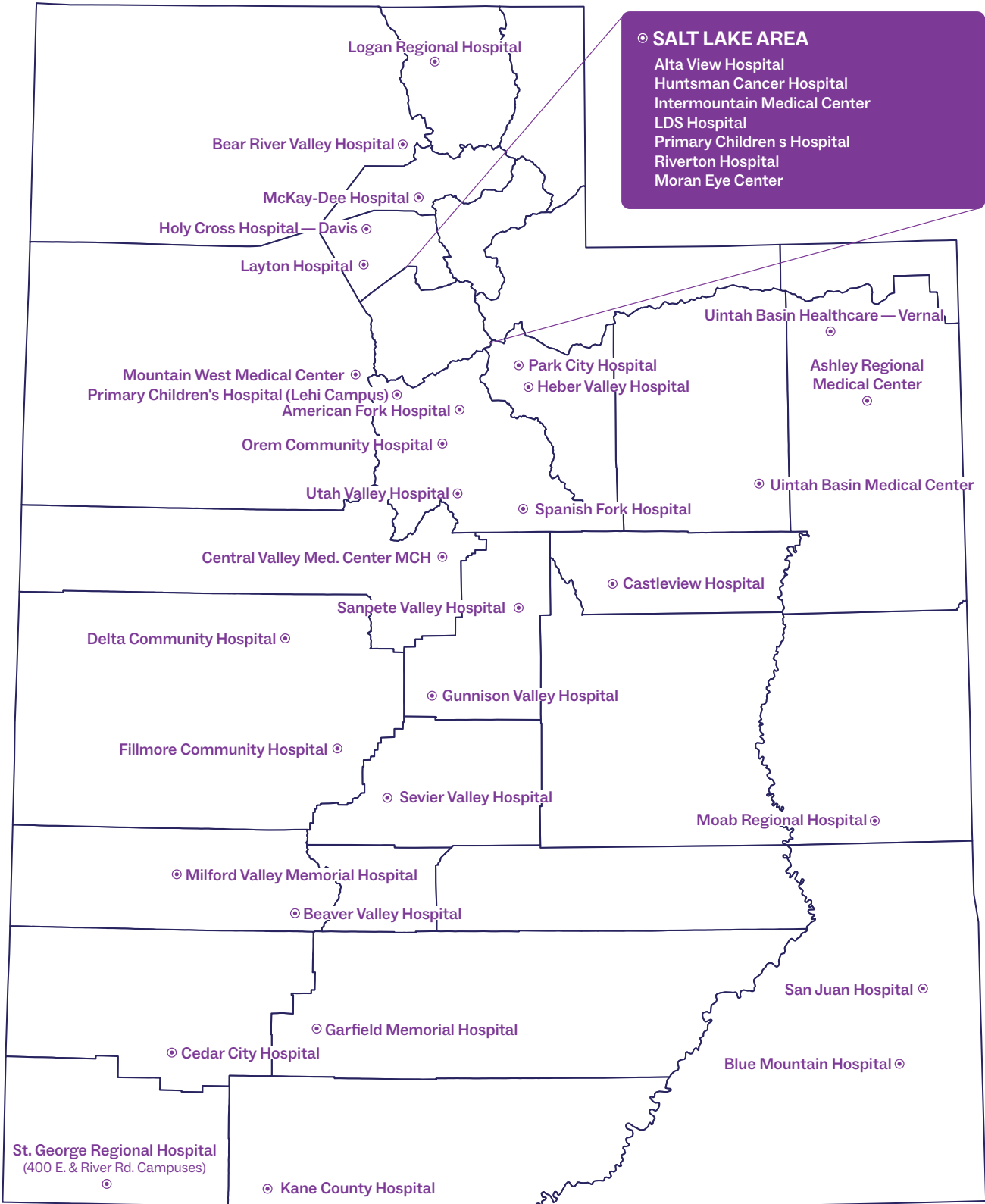
Out-of-area dependent coverage

Dependent children who are enrolled on the HDHP Option and live outside of the FEHB service area (state of Utah) can receive in-network benefits for covered services, no matter where they live in the United States. Submit an FEHB Dependent Address Change Form at **selecthealth.org/forms**.

In-network hospitals



Scan the QR code or visit selecthealth.org/find-care to find additional in-network facilities on the Select Health Med® network.*



* This map is an example only and does not guarantee network coverage. Facility availability is subject to change at any time.

UnitedHealthcare (UHC) Options PPO Network

Travel within the United States (outside of Colorado, Idaho, Nevada, and Utah)

URGENT CARE

Standard Option members can reduce their medical out-of-pocket expenses by receiving care from doctors and facilities on the UHC Options PPO Network.

EMERGENCY CARE

For both plan options, in-network benefits apply for care at any emergency room location in any state.

Travel outside

EMERGENCY CARE

In-network benefits apply for services at any emergency room location. You may need to pay for the treatment at the time of service. If you do pay out of pocket, keep your receipt and submit a Claim Reimbursement Form at selecthealth.org/forms.

Travel in Colorado, Idaho, Nevada, and Utah

URGENT CARE

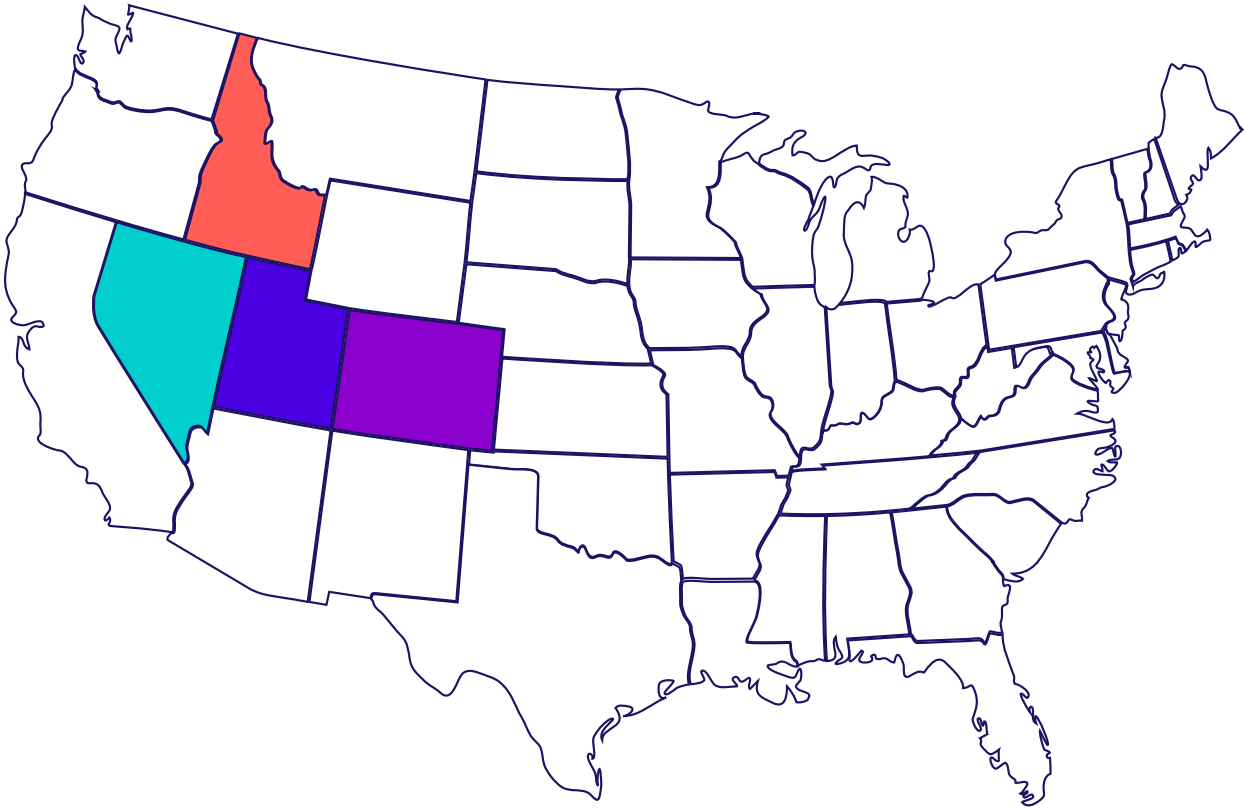
Standard Option members have access to in-network doctors and facilities but must use the appropriate local network listed on the back of their ID card.

EMERGENCY CARE

For both plan options, in-network benefits apply for care at any emergency room location in any state.

Find a doctor or facility

1. Scan the QR code or visit selecthealth.org/find-care
2. Scroll down on the page to the “Find care in our extended network” section
3. Click “Search Extended Medical”
OR
Click “Search Extended Behavioral Health”
4. This will take you to the UHC provider search tool



Choosing the right care

24/7 Nurse line

Talk to a registered nurse, for no additional cost, about any condition to get advice on how and where to get care. Call **844-501-6600** to get started.

Mental and behavioral health

Resources and guidance for mental and behavioral health for no additional cost. Visit **intermountainhealthcare.org/behavioralhealth**. ADULTS **833-442-2211** | TEENS **385-478-2400**

NovumHealth

Select Health works with NovumHealth to provide access and support to navigate behavioral healthcare resources. This service is provided at no additional cost. Visit **selecthealth.org/find-care/novumhealth** or call **801-669-8176**.

CredibleMind

You have access to CredibleMind, a free platform with online tools such as podcasts, books, videos, apps, and articles to support your mental health. Topics include better sleep, stress relief, how to eat healthier, how to grow stronger relationships, and more. Visit **intermountainhealth.crediblemind.com** to get started.

Preventive care

Preventive care can help detect and prevent medical problems before they become serious. Your plan covers many preventive procedures, services, and screenings at no out-of-pocket cost to you. Some limitations may apply. Visit **selecthealth.org/wellness/preventive-care** for a complete list of covered services.

Primary care

A primary care provider (PCP) is your go-to for routine care and coordination of specialty care when needed.

Urgent care

Urgent care facilities are walk-in clinics that can be used for illnesses and injuries that aren't life-threatening, but need attention sooner than you are able to schedule an appointment with your PCP.

Specialty care

When care is outside your PCP scope, you can access a network of specialists, therapists, and surgeons with advanced training and expertise in certain areas of medicine.

Emergency care

For emergencies, call **911** or go to the nearest emergency room and you will be covered whether you're in the U.S. or abroad.

Virtual care

Many virtual services may cost you less than appointments at an in-person clinic.

Visit **selecthealth.org/find-care/virtual-care** to view services available to you.

Intermountain Health on-demand pharmacy and laboratory services

You don't need an in-person appointment with a provider to have certain prescriptions, at-home lab tests, and medical equipment delivered to your door through on-demand services.* Visit **intermountainhealthcare.org/services/virtual-care/on-demand** to learn more.

* Some on-demand services, including certain prescriptions, may not be covered by insurance but are available as self-pay. Refer to your plan materials for details on covered services and prescriptions.

Tellica Imaging and ambulatory surgical centers (ASCs)

These centers are another way to access high-quality care without the high costs. Tellica offers transparent, flat-rate prices, same-day appointments, and results within 24 hours. ASCs provide a convenient, cost-effective setting for same-day outpatient procedures, with a focus on efficiency, comfort, and predictability. Visit **tellicaimaging.com** and **selecthealth.org/find-care** to find a location near you.



Learn more
selecthealth.org/find-care



Standard Option benefits

Benefit ¹	In-Network	Out-of-Network ²
Deductible	\$250 per person, per calendar year \$500 Self Plus One or Self & Family, per calendar year	\$500 per person, per calendar year \$1,000 Self Plus One or Self & Family, per calendar year
Out-of-pocket maximum (protection against catastrophic costs)	\$7,500 per person, per calendar year \$15,000 per Self Plus One or Self & Family, per calendar year	\$10,000 per person, per calendar year \$20,000 per Self Plus One or Self & Family, per calendar year
Hospital services		
Inpatient	15% after deductible	30% after deductible
Outpatient	15% after deductible	30% after deductible
Surgical & imaging centers		
Ambulatory curgical center	\$200 after deductible	30% after deductible
Free-standing imaging center	\$0 (minor diagnostic tests) \$0 after deductible (major diagnostic tests)	30% after deductible
Lab, x-ray, & other diagnostic tests		
Minor	\$0	30% after deductible
Major	15% after deductible	30% after deductible
Doctor's office visits		
Preventive	\$0	Not covered
Primary care physician	\$15	30% after deductible
Specialist	\$35	30% after deductible
Chiropractic (up to 20 visits per calendar year)	\$35	30% after deductible
Intermountain KidsCare®	\$15	Not available
Urgent Care & Intermountain InstaCare®	\$35	30% after deductible
Virtual consultations		
Telehealth urgent care & non-urgent care	\$0	30% after deductible
Telehealth primary care & specialty care	\$0	30% after deductible
Maternity		
Physician	See Professional, Inpatient, or Outpatient	Not covered ³
Hospital	See Professional, Inpatient, or Outpatient	Not covered ³
Emergency benefits		
In-Area/Out-of-Area Emergency Room	\$250 after deductible	\$250 per visit after deductible
Mental health & chemical dependency		
Mental health & substance abuse treatment	\$15 per office visit 15% for outpatient services, after deductible 15% per inpatient admit, after deductible	30% per office visit, after deductible 30% for outpatient services, after deductible 30% for inpatient services, after deductible
Employee assistance program (up to eight in-person or virtual visits per incident, per family)	\$0	Not available
Prescription drugs		
Pharmacy deductible	\$150 per person or \$300 per family	
Retail pharmacy (30-day supply)	Tier 1: \$5 Tier 2: \$100 after pharmacy deductible Tier 3: 50% up to \$500, after deductible Tier 4: 30% after pharmacy deductible	
Mail order (90-day supply)	Tier 1: \$5 Tier 2: \$200 after pharmacy deductible Tier 3: 50% after deductible	
Injectable drugs & specialty medications (in provider's office)	30% after pharmacy deductible	

High Deductible Health Plan (HDHP) Option benefits

Benefit ¹	HDHP
Deductible	\$2,000 per person, per calendar year \$4,000 Self Plus One or Self & Family, per calendar year
Out-of-pocket maximum (protection against catastrophic costs)	\$7,500 per person, per calendar year \$15,000 per Self Plus One or Self & Family, per calendar year
HSA premium passthrough	
Contribution amount (per month that you are eligible)	\$100 Self Only, \$200 Self Plus One or Self & Family
Hospital services	
Inpatient Professional fees	3% after deductible, per admission \$0 after deductible
Outpatient Professional fees	3% after deductible \$0 after deductible
Surgical & imaging centers	
Ambulatory surgical center	\$0 after deductible
Free-standing imaging center	\$0 after deductible
Lab, x-ray, & dther diagnostic rests	
Minor	\$0 after deductible
Major	3% after deductible
Doctor's office visits	
Preventive	\$0
Primary care physician	\$10 after deductible
Specialist	\$30 after deductible
Chiropractic (up to 20 visits per calendar year)	\$30 after deductible
Intermountain KidsCare®	\$10 after deductible
Urgent Care & Intermountain InstaCare®	\$30 after deductible
Virtual consultations	
Telehealth urgent care/intermountain connect care	\$0 after deductible
Telehealth non-urgent care	\$0 after deductible
Maternity	
Physician	See Professional, Inpatient, or Outpatient
Hospital	See Professional, Inpatient, or Outpatient
Emergency benefits	
In-area/out-of-area emergency room	\$200 after deductible
Mental health & chemical dependency	
Mental health & substance Abuse treatment	\$10 per office visit, after deductible 5% after deductible per day for outpatient services 5% after deductible per day, per admission
Employee assistance program (up to eight in-person or virtual visits per incident, per family)	\$0
Prescription drugs	
Retail pharmacy (30-day supply)	Tier 1: \$7 after deductible Tier 2: 30% up to \$350, after deductible Tier 3: 50% up to \$350, after deductible Tier 4: 30% after deductible
Mail order (90-day supply)	Tier 1: \$7 after deductible Tier 2: 30% up to \$700, after deductible Tier 3: 50% up to \$700, after deductible
Injectable drugs & specialty medications (in provider's office)	30% after deductible

¹These Benefits are neither offered nor guaranteed under contract with the FEHB Program, but are made available to all Enrollees and family members who become Select Health members.

²Member cost-share includes the difference between the billed and allowed amount.

³Preauthorization is required for certain Services. Benefits may be reduced or denied if you do not preauthorize certain Services with Out-of-Network Providers.

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Learn more
selecthealth.org/pharmacy



Pharmacy

Nationwide pharmacy coverage

You have in-network access to more than 56,000 pharmacies including most major retail chains as well as local drugstores.

Intermountain Health pharmacy services

Intermountain offers several cost-saving pharmacy programs including home delivery and specialty pharmacy services. Visit intermountainhealthcare.org/services/pharmacy to learn more about these services.

Mark Cuban Cost Plus Drug Company

This online pharmacy offers transparent pricing and may provide significant savings on many common medications.

1. To find a medication, visit costplusdrugs.com and search the Medications list.
2. Create an account and enter your basic health information.
3. Ask your provider to send prescriptions to Mark Cuban Cost Plus Drug Company, and include your account email on the prescription.

Amazon Pharmacy

A convenient prescription delivery option with potential savings, especially for Amazon Prime members.

1. Visit pharmacy.amazon.com.
2. Log in with your Amazon username and password.
3. Enter your insurance information to get started.

Drug lookup and cost comparison

View drug costs and savings options based on your specific benefits and accumulators through your Select Health member account.

- Drugs are listed by tier: lower-tiered drugs usually cost less, and your plan typically pays a higher percentage of that cost.
- When you identify savings, talk to your prescribing provider to see if a lower-cost option is right for you.

Rx Savings Solutions

This service connects with your Select Health member account to help identify drug savings. If a savings opportunity is identified, it will coordinate with your prescriber and pharmacy to update the prescription.

- Switch to a lower-cost, equally effective medication.
- Ask a doctor for a higher dosage and split pills to reduce costs.
- Access discount cards and coupons.

Pharmacy Compass

This tool allows you to compare medication prices, explore lower-cost alternatives, and make more informed decisions before heading to the pharmacy.

1. Log in to your Select Health member account.
2. Navigate to the Pharmacy Compass link.

Health savings account (HSA)

An HSA is a healthcare savings account that allows you to use pre-tax dollars to pay for qualified medical-related expenses. Unlike a Flexible Spending Account (FSA), whatever you do not spend rolls over from year-to-year.

If you are eligible for HSA contributions, Select Health will deposit **\$100** of your monthly premium for Self Only, or **\$200** for Self Plus One or Self and Family, per month in your HSA.

Remember, if your eligibility date is after the first day of the month you enrolled, your HSA will be established and funded the following month.

Enroll in the HSA-qualified Select Health HDHP Option Health Plan

Upon enrollment with Select Health, HealthEquity will automatically set up your HSA account and send you a HealthEquity VISA® Health Account Card¹ to pay for qualified medical expenses, including dental, vision, and pharmacy.²

Enrollment codes

HDHP Option Self Only: WX1

HDHP Option Self Plus One: WX3

HDHP Option Self and Family: WX2



Learn more
healthequity.com/me

Add money to your HSA

Fund your HSA through pre-tax payroll deductions or transfer money into your account through the HealthEquity member portal. Select Health will also make contributions using the HSA Premium Passthrough.

To make tax free contributions³ to an HSA, the IRS requires that:

- You are covered by an HSA-qualified health plan.
- You have no other health coverage, such as another health plan, Medicare, or VA health benefits (except for veterans with a service-connected disability, and/or Indian Health Services (IHS) benefits, in the last three months).
- You are not enrolled in Medicare Part A or Part B.
- You cannot be claimed as a dependent on another person's tax return.

Wellness programs and rewards

Earn up to **\$250 per qualified enrollee, or up to \$500 per family, per year** for participating in qualifying wellness activities. This reward will go directly into your Health Savings Account (HSA), Health Reimbursement Account (HRA), or Health Incentive Account (HIA).

Eligibility

To be eligible for this program, you must meet the following conditions:

- Be enrolled on a Select Health FEHB plan option
- Be at least 18 years of age

Current enrollees

Remember to check and see if you already have rewards in your account. If you have participated in a wellness activity since enrollment, you may already have funds available to use for qualified medical expenses. Open the Select Health app or visit selecthealth.org/fehb and log in to your member account. From the Dashboard, go to your Member Checklist and choose “Progress Tracking & Rewards.”

Qualifying wellness activities

- Completion of a Health Check assessment - \$50
- Completion of annual biometric screening - \$50
- Gym membership - \$50
- Enrollment in an approved weight loss program - \$50
- Completion of a 7,000 steps per day, 20 times in a month, challenge in Personify Health - \$50
- Enrollment in a tobacco cessation program such as Quit for Life® - \$50
- Enrollment in an Intermountain Health education course - \$50
- Getting recommended cancer screenings - \$50
- Enrollment in and completion of the Select Health Healthy Beginnings® program - \$50
- Completion of 150 minutes of physical activity in a week in Sworkit® - \$50
- Other approved healthy lifestyle choices - \$50



Learn more
selecthealth.org/fehb/resources/healthy-living

¹ This card is issued by The Bancorp Bank, pursuant to a license from U.S.A., Inc. and can be used for qualified expenses. See Cardholder Agreement for complete usage instructions.

² irs.gov/publications/p502

³ HSAs are not taxed at the federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax-free with very few exceptions. Please consult a tax advisor if you have questions. The limits for 2026 contributions are: Self-\$4,500; Family-\$9,000. HSA-eligible members who are 55 or older can contribute an additional \$1,000, considered a catch-up allowance.



Additional benefits

Intermountain Health Employee Assistance Program (EAP)

The EAP is available at no additional cost to Select Health FEHB enrollees, enrolled spouses, and their enrolled dependents ages 6-26. The EAP counselors offer short-term counseling and resources about personal and family problems such as:

- Marital conflict and parenting
- Depression and anxiety
- Stress (life and workplace)
- Grief and loss
- Substance abuse
- Wellness strategies
- Legal consultation
- Financial consultation
- Elderly care



intermountainhealthcare.org/eap
800-832-7733
eap@imail.org

Care Management services

Care Managers are clinicians who take a proactive, holistic approach to help you meet your health goals at no additional cost. If you qualify, they can help you:

- Create a plan that will support you in reaching your health goals.
- Coordinate care with your doctor or specialist for chronic condition management.
- Find health resources and answer questions about medications and health issues.
- Receive support for a smooth transition between hospitals, rehab, or home.
- Stay ahead with preventive screenings and checkups.
- Access personalized care recommendations by phone, through video chat, or by email.



selecthealth.org/wellness/care-management
800-442-5305

Member discounts

Programs to help you save money on health-related expenses.

SELECT HEALTH MEMBER DISCOUNTS

Save money on services like:

- LASIK
- Eyewear
- Hearing aids
- Massage therapy
- Acupuncture
- Gym memberships
- Fitness gear



selecthealth.org/discounts

CHOOSEHEALTHY™ AND ACTIVE&FIT DIRECT™

We partner with ChooseHealthy and Active&Fit Direct™ to offer even more discount options. With these programs you can:

- Receive up to 50% off on popular health and fitness brands.
- Save up to 25% on services from specialty healthcare practitioners.
- Enroll in certain preferred gym memberships or exercise studios at a discounted rate.
- And more!

View these savings opportunities by logging in to your Select Health member account at selecthealth.org/fehb.

Healthy Beginnings Program

Healthy Beginnings is designed to encourage the healthiest pregnancies possible and is available at no additional cost. Benefits include:

- Support during and after pregnancy —help getting care and a breast pump.
- Online and in-person classes on birth, breastfeeding, and other topics.

- Guidance to local programs such as Women, Infants, and Children (WIC), food and transportation assistance, and more.
- Cash rewards for prenatal and postnatal care.*

*Based on Select Health plan type. Rewards received may be considered income and subject to tax.



selecthealth.org/wellness/wellness-resources
866-442-5052

Cessation programs: tobacco and nicotine

Research-based solutions and coaching to create a Quit Plan - all at no extra cost. Quit for Life® helps you:

- Build a personalized plan to beat cravings and connect with the community.
- Manage triggers and discover coping tools.



myquitforlife.com/selecthealth
1-866-QUIT-4-LIFE (TTY 711)

Dependents aging off

When your dependents turn 26 and age off your federal plan, there is no need for them to stop seeing a doctor they know and trust. With Select Health, your over-age dependents can enroll in a Select Health Individual plan, providing access to the same quality of care, with the doctor they know. Visit selecthealth.org/individual-family to learn more.

Aging into Medicare cost-share waiver

FEHB annuitants enrolled in the Original Medicare Parts A and B as their primary insurance, as well as the Select Health Standard Option, will have their cost-share waived (e.g., deductible, coinsurance, and medical copays) for covered services.

Regular member cost-share will apply for services not covered by the Original Medicare (e.g., prescriptions and oral surgery). The Pharmacy benefit on the Standard Option will pay as primary and regular member cost-share will apply for members who are not enrolled in Medicare Part D.

2027 Rate information

These rates do not apply to all enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer that maintains your health benefits enrollment. Visit opm.gov/healthcare-insurance/healthcare/plan-information/premiums/ to learn more.

		Biweekly	Monthly
Type of enrollment	Enrollment code	Your share	Your share
Standard Option Self Only	SF4	\$111.80	\$242.23
Standard Option Self Plus One	SF6	\$245.95	\$532.90
Standard Option Self and Family	SF5	\$279.50	\$605.58
HDHP Option Self Only	WX1	\$102.94	\$223.03
HDHP Option Self Plus One	WX3	\$226.46	\$490.66
HDHP Option Self and Family	WX2	\$257.34	\$557.57

Notes

Notice of nondiscrimination

Select Health obeys Federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, veteran status, and/or any other characteristic protected by applicable federal or state law.

We provide free:

- Aid to those with disabilities to help them talk with us. This may be sign language interpreters or info in other formats (large print, audio, electronic).
- Help for those whose first language is not English, such as interpreters or member materials in other languages.

Need help? Call:

- Select Health Member Services: 1-800-538-5038 (TTY: 711)
- Select Health Medicare Member Services: 1-855-442-9900 (TTY: 711)
- Select Health Medicaid Member Services: 1-855-442-3234 (TTY: 711)
- Select Health FEHB Member Services: 1-844-345-3342 (TTY: 711)

If you feel you've been treated unfairly, you can reach the Select Health 504/Civil Rights Coordinator by:

Phone: 1-844-208-9012 (TTY Users: 711); Compliance Hotline: 1-800-442-4845

Mail: Select Health (Attn: Civil Rights Coordinator) 5381 South Green Street Murray, UT 84123

Email: ContactCompliance@imail.org

You may also contact the Office for Civil Rights at:

Online: ocrportal.hhs.gov/ocr/smartscreen/main.jsf

Phone: 1-800-368-1019; TTY Users: 1-800-537-7697

Mail: U.S. Department of Health and Human Services 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201

HHS complaint forms are available at: hhs.gov/ocr/complaints/index.html

This notice is available at: selecthealth.org/disclaimers/non-discrimination

Notice of availability

ATTENTION: We provide free language assistance services. We also offer free auxiliary aids and services when needed. Call 1-800-538-5038 (TTY Users: 711).

ATENCIÓN: Ofrecemos servicios gratuitos de asistencia con el idioma. También brindamos servicios y ayudas auxiliares gratuitos cuando los necesite. Llame a Select Health.

注意：我們提供免費的語言協助服務。如有需要，我們也免費提供輔助工具及服務。請致電 Select Health。

CHÚ Ý: Chúng tôi cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí. Chúng tôi cũng cung cấp miễn phí các phương tiện và dịch vụ hỗ trợ bổ sung khi cần. Gọi Select Health.

알림: 저희는 무료 언어 지원 서비스와 필요한 경우 무료 보조 장비 및 서비스를 제공하고 있습니다. Select Health로 전화해 주십시오.

ध्यान दिनुहोस्: हामी भाषासम्बन्धी सहायता सेवा निःशुल्क रूपमा प्रदान गर्छौं। आवश्यक परेमा निःशुल्क सहायक सामग्री तथा सेवाहरू पनि उपलब्ध गराउँछौं। Select Health मा फोन गर्नुहोस्।

PAUNAWA: Nagbibigay kami ng mga serbisyo ng tulong sa wika nang walang bayad. Nag-aalok din kami ng mga karagdagang tulong at serbisyo (auxiliary aids) nang walang bayad kung kinakailangan. Tumawag sa Select Health.

ACHTUNG: Wir bieten kostenlose Sprachunterstützung an. Bei Bedarf stellen wir Ihnen auch kostenlose Hilfsmittel und Dienstleistungen zur Verfügung. Rufen Sie Select Health an.

ВНИМАНИЕ. Мы предоставляем бесплатные услуги языковой поддержки. При необходимости мы также предлагаем бесплатные вспомогательные средства и услуги. Позвоните в Select Health.

ATTENTION : Nous fournissons des services d'assistance linguistique gratuits. Nous offrons également des aides et services auxiliaires gratuits en cas de besoin. Appelez Select Health.

注意事項：無料的言語支援サービスを提供しています。また、必要に応じて無料の補助的手段やサービスも提供しています。Select Healthまでお電話ください。

ማሳሰቢያ፡ ነጻ የቋንቋ ድጋፍ አገልግሎቶች አኖርባለን። እንዲሁም አስፈላጊ ሲሆን ነጻ የተግባብተ መርጃ መሣሪያዎችን እና አገልግሎቶችን አኖርባለን። ወደ Select Health ይደውሉ።

ПАЖНА: Ако говорите српски, биће вам доступне бесплатне услуге језичке подршке. Такође пружамо бесплатна помоћна средства и услуге када су потребни. Контактирајте Select Health.

تنبيه: نقدم خدمات المساعدة اللغوية مجانًا. كما نوفر وسائل وخدمات مساعدة مجانية عند الحاجة. يُرجى الاتصال بـ Select Health. توجه: ما خدمات رایگان کمک زبانی ارائه می‌کنیم. همچنین، در صورت نیاز، خدمات و تجهیزات کمکی رایگان ارائه می‌دهیم. با Select Health تماس بگیرید.

โปรดทราบ: เราให้บริการช่วยเหลือด้านภาษาฟรี นอกจากนี้ เรายังมีบริการและอุปกรณ์ช่วยเหลือเพิ่มเติมฟรีเมื่อจำเป็น โทรติดต่อ Select Health



Select
Health