Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-865) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can get the FEHB Plan brochure at www.selecthealth.org/fehb, and view the Glossary at www.healthcare.gov/sbc-glossary. You can call 1-844-345-FEHB to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network Provider \$ 250/Self Only \$ 500/Self Plus One \$ 500/Self and Family Non-Participating Provider \$ 500/Self Only \$ 1,000/Self Plus One \$ 1,000/Self and Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the Plan allowance for the service/supply counts toward the deductible. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes.	Pharmacy deductible applies to all pharmacy benefits except Tier 1 (30-days and 90 days).
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network Provider \$ 7,500/Self Only \$15,000/Self Plus One \$15,000/Self and Family Non-Participating Provider \$ 10,000/Self Only \$20,000/Self Plus One \$20,000/Self and Family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and health care this Plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.



Will you pay less if you use a <u>network provider</u> ?	Yes. See www.selecthealth.org/fehb.com or call 1-844-345-FEHB for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non Participating Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness (PCP)	\$15/visit	30% coinsurance after deductible	Deductible does not apply to in-network	
If you visit a health	Specialist visit (SCP)	\$35/visit	30% coinsurance after deductible	services.	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge for the minor diagnostic tests 15% of the allowed amount after deductible for major diagnostic tests	30% coinsurance after deductible	Free-standing imaging centers (FSIC) Nothing for minor diagnostic tests Nothing, after deductible for major diagnostics test	
	Imaging (CT/PET scans, MRIs)	15% coinsurance after deductible	30% coinsurance after deductible		
	Standard Tier 1 (Generic drugs)	\$5/prescription	\$5/prescription		
	Standard Tier 2 (Preferred brand drugs)	\$100/prescription after pharmacy deductible	\$100/prescription after pharmacy deductible	Certain limitations apply. Pharmacy deductible	

	Standard Tier 3 (Non-preferred brand drugs)	50% coinsurance up to \$250/prescription	50% coinsurance up to \$250/prescription	does not apply to Tier 1. Mail Order/Maintenance Medications - 90-day
	Mail-order/Maintenance Tier 1 (Generic drugs)	\$5/prescription	\$5/prescription	supply
		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non Participating Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you need drugs to	Mail-order/Maintenance Tier 2	\$200/prescription after	\$200/prescription after	
treat your illness or	(Preferred brand drugs)	pharmacy deductible	pharmacy deductible	
condition More information about	Mail-order/Maintenance Tier 3 (মিন্ধেerred brand drugs)	50% coinsurance	50% coinsurance	
prescription drug coverage is available at https://selecthealth.rxeob.co m/mdb_sh/public/drugsearch	Specialty drugs	30% coinsurance after deductible	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain preauthorization for certain services. You must use Intermountain Specialty Pharmacy to acquire <u>Tier 4 drugs</u> .
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% of the allowed amount after deductible/Outpatient Hospital	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain preauthorization for certain services.
	Physician/surgeon fees	15% coinsurance after deductible	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain preauthorization for certain services.
	Emergency room care	\$250/visit after deductible	\$250/visit after deductible	
If you need immediate medical	Emergency medical transportation	15% coinsurance after deductible	15% coinsurance after deductible	Emergencies only.
attention	Urgent care	\$35/visit	\$35/visit	Applies to urgent care facilities only. <u>Deductible</u> does not apply.

If you have a hospital stay	Facility fee (e.g., hospital room)	15% coinsurance after deductible/admit Nothing after deductible for hospital level care at home 15% coinsurance after	30% coinsurance after deductible	None Reposite may be reduced as depied by 50% for
	Physician/surgeon fees	deductible/admit	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services.
		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non Participating Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you need mental	Outpatient services	15% coinsurance after deductible	30% coinsurance after deductible	
health, behavioral health, or substance abuse services	Inpatient services	15% coinsurance after deductible	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services.
	Office visits	\$15/visit	30% coinsurance after deductible	Single office visit <u>copayment</u> applies to confirm pregnancy. No additional <u>cost sharing</u> for subsequent prenatal or postpartum care. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). <u>Deductible</u> does not apply to innetwork services.
If you are pregnant	Childbirth/delivery professional services	No charge	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services.
	Childbirth/delivery facility services	\$500/admission	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. <u>Deductible</u> does not apply to innetwork services.

	Home health care	15% coinsurance after deductible	30% coinsurance after deductible	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services.
If you need help recovering or have other special health needs	Rehabilitation services	15% coinsurance after deductible for inpatient services	30% coinsurance after deductible for inpatient services	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. Preauthorization is required after 20 visits for each therapy in an outpatient setting. Deductible applies to inpatient services.
	Habilitation services	15% coinsurance after deductible for inpatient services	30% coinsurance after deductible for inpatient services	Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. <u>Preauthorization</u> is required after 20
		What Yo	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non Participating Provider (You will pay the most,	Limitations, Exceptions, & Other Important Information
			plus you may be balance billed)	
				visits for each therapy in an outpatient setting. <u>Deductible</u> applies to inpatient services.
	Skilled nursing care	15% coinsurance after deductible/admission for inpatient		
	Skilled nursing care Durable medical equipment	deductible/admission for	30% coinsurance after deductible/admission for	Deductible applies to inpatient services. Up to 60 days per calendar year. Benefits may be reduced or denied by 50% for failure to
		deductible/admission for inpatient 15% coinsurance after	30% coinsurance after deductible/admission for inpatient 30% coinsurance after	Deductible applies to inpatient services. Up to 60 days per calendar year. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain
If your shild poods	Durable medical equipment Hospice services Children's preventive eye exam	deductible/admission for inpatient 15% coinsurance after deductible 15% coinsurance after deductible No charge	30% coinsurance after deductible/admission for inpatient 30% coinsurance after deductible 30% coinsurance after deductible	Deductible applies to inpatient services. Up to 60 days per calendar year. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain
If your child needs dental or eye care	Durable medical equipment Hospice services	deductible/admission for inpatient 15% coinsurance after deductible 15% coinsurance after deductible	30% coinsurance after deductible/admission for inpatient 30% coinsurance after deductible 30% coinsurance after deductible	Deductible applies to inpatient services. Up to 60 days per calendar year. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services. Benefits may be reduced or denied by 50% for failure to obtain a preauthorization for certain services.

Excluded Services & Other Covered Services

	,	
 Abortion (except in cases of rape, incest, or 	 Dental care (Adult/Child) 	 Long-term care
when the life of the mother is endangered)	 Glasses 	 Orthognathic services
Acupuncture	 Gender affirming surgery 	 Services that are not medically necessary
Cosmetic surgery	 Drugs to treat gender dysphoria 	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

Bariatric surgery

Hearing Aids

• Routine eye care (Adult)

Chiropractic care

Private duty nursing

Routine foot care

Infertility treatment

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-844-345-FEHB or visit www.opm.gov.insure/health. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact the SelectHealth Appeals department at 1-844-208-9012.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in network pre natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$250
■ Specialist copayment	\$35
Hospital (facility) coinsurance	15%
■ Other coinsurance	15%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
--------------------	----------

In this example, Peg would pay:

Cost Sharing			
Deductibles	\$250		
Copayments	\$200		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Peg would pay is	\$450		

Managing Joe's type 2 Diabetes (a year of routine in network care of a well

controlled condition)

The plan's overall <u>deductible</u>	\$250
■ Specialist copayment	\$35
■ Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$250	
Copayments	\$500	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$80	
The total Joe would pay is	\$830	

Mia's Simple Fracture

(in network emergency room visit and follow up care)

■ The plan's overall deductible	\$250	
■ Specialist copayment	\$35	
■ Hospital (facility) coinsurance	15%	
Other coinsurance	15%	

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

In this example, Mia would pay:

40-0		
40-0		
\$250		
\$200		
\$30		
What isn't covered		
\$0		
\$480		

Non-Discrimination Notice

Select Health obeys Federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

We provide free aid and services to people with disabilities to help them communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). We also provide free language services to people whose primary language is not English, such as qualified interpreters and member materials written in other languages.

If you need these services, please call Select Health Member Services at 844-345-3342 or Select Health Advantage Member Service at 855-442-9900. Any member or other person who believes he/she may have been subject to discrimination may file a complaint or grievance by calling the Select Health 504/Civil Rights Coordinator at 844-208-9012 or the Compliance Hotline at 800-442-4845 (TTY Users: 711). You may also call the Office for Civil Rights at 1-800-368-1019 (TTY Users: 800-537-7697).

Language Access Services

Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a Select Health.

Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 Select Health

Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số Select Health.

Korean

통지: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. Select Health. 번호로 전화해

Nepali

ध्यान दिनुहोस्: तपाईंले नेपाली बोल््ननुनुहुन््छ भने तपाईंको नि म्ति भाषा सहायता सेवाहरू नि ःशुल्क रूपमा उपलब्ध छ। Select Health मा फोन गर््ननुनुहोस्।

Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa Select Health.

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: Select Health.

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги переводчика. Позвоните Select Health.

French

ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez Select Health.

Japanese

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。Select Health. まで、お電話にてご連絡ください。

Amharic

ማሳሰቢያ፡ አማርኛ የሚናንሩ ከሆነ፣ የቋንቋ ድ*ጋ*ፍ አንልግሎቶች ያለክፍያ ለ<u>እር</u>ስዎ ይንኛሉ። Select Health ን ያናግሩ።

Serb-Croatian

ПАЖЊА: Ако говорите Српски, бесплатне услуге пмоћи за језик, биће вам доступне. Контактирајте Select Health.

Arabic

تامدخ كل رفوتتسف ، ببرع ثدحتت تنك اذا : هيبنت . Select Health.

Persian

تامدخ ،دینکیم تبحص ینک دراو ار نابز هب رگا: هجوت اب تسامش رایتخا رد ناگیار تروصب ،ینابز کمک دیریگب سامت. Select Health

Thai

หมายเหตุ: หากคุณพูด ใส่ภาษา, การบริการภาษา โดยไม่มีค่าใช้จ่าย มีพร้อมบริการให้กับคุณ ติดต่อ Select Health

Select Health: 1-844-345-3342

^{*} For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/materials.