COVID-19 Relief Resources Summary

This bulletin is intended to be a source of information to assist in identifying potential sources of relief from the consequences of (novel coronavirus) COVID-19 for individuals, families, and employers. It highlights reputable sources to investigate potential relief. Do your research and seek advice from trusted advisers. Start by using online resources where possible because telephone wait times may be long during this time.

**EMPLOYMENT SERVICES**

**UTAH:**
- Utah Department of Work Force Services: jobs.utah.gov (801-526-4400)
- Utah Department of Health: coronavirus.utah.gov/business (800-456-7707)

**IDAHO:**
- Idaho Department of Labor: labor.idaho.gov (208-332-8942)

**NEVADA:**
- Nevada Department of Employment, Training and Rehabilitation: detr.nv.gov (702-486-0350)

**OTHER:**
- U.S. Chamber of Commerce: uschamber.com

**HEALTH INSURANCE**

**INDIVIDUAL**

**UTAH:**
- SelectHealth: selecthealth.org (855-442-0220)
- Take Care Utah: takecareutah.org (2-1-1)
- Association of Utah Community Health: (801-974-5522)

**IDAHO:**
- SelectHealth: selecthealth.org (855-442-0220)
- Your Health Idaho: yourhealthidaho.gov (855-944-3246)
- Idaho Department of Health and Welfare: idalink.idaho.gov (877-456-1233)

**OTHER:**
- CMS Healthcare.gov: healthcare.gov (800-318-2596)

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**MEDICAID AND CHIP**

**UTAH:**
- Utah Department of Health: [medicaid.utah.gov](http://medicaid.utah.gov) (801-538-6155)
- Take Care Utah: [takecareutah.org](http://takecareutah.org) (2-1-1)
- Utah Premium Partnership (UPP) for Health Insurance: [medicaid.utah.gov/upp](http://medicaid.utah.gov/upp) (888-222-2542)

**IDAHO:**
- Idaho Department of Health and Welfare: [healthandwelfare.idaho.gov](http://healthandwelfare.idaho.gov) (877-456-1233)

**NEVADA:**
- Nevada Department of Health and Human Services: [medicaid.nv.gov](http://medicaid.nv.gov) (877-638-3472)

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**MEDICARE**

**UTAH, IDAHO AND NEVADA:**
- SelectHealth: [selecthealth.org](http://selecthealth.org) (855-442-9940)
- My Advocates: [MyAdvocatesHelps.com](http://MyAdvocatesHelps.com) (844-794-2296)

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**EMPLOYER GROUP**

**UTAH, IDAHO AND NEVADA:**
- SelectHealth: [selecthealth.org](http://selecthealth.org) (Large Group: 801-442-5320) (Small Group: 844-442-6294)

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**HEALTHCARE AND SOCIAL SERVICES**

**UTAH:**
- Intermountain Healthcare: [intermountainhealthcare.org](http://intermountainhealthcare.org)
- COVID-19 Information Line/Intermountain Health Answers (844-442-5224)
- Intermountain Connect Care (844-442-5224)
- Utah Department of Health: [coronavirus.utah.gov](http://coronavirus.utah.gov) (800-456-7707)
- United Way Utah 211: [211.utah.gov](http://211.utah.gov) (2-1-1)
- Salt Lake Valley COVID Mutual Aid: [COVID-19mutualaidslc.org](http://COVID-19mutualaidslc.org)
### HEALTHCARE AND SOCIAL SERVICES

**IDAHO:**
- St. Luke’s: [stlukesonline.org](https://stlukesonline.org) (208-381-9500)

**NEVADA:**
- Nevada Department of Health and Human Services: [dhhs.nv.gov](https://dhhs.nv.gov) (775-684-4000)

**OTHER:**
- Centers for Disease Control and Prevention: [cdc.gov](https://www.cdc.gov)

### EMPLOYER SERVICES

**UTAH:**
- Salt Lake Chamber of Commerce: [slchamber.com](https://slchamber.com) (801-364-3631)

**IDAHO:**
- Idaho Department of Labor: [labor.idaho.gov](https://labor.idaho.gov) (208-332-8942)

**NEVADA:**
- Nevada Department of Employment, Training, and Rehabilitation: [detr.nv.gov](https://detr.nv.gov) (702-486-0350)

**OTHER:**
- U.S. Chamber of Commerce: [uschamber.com](https://uschamber.com)
- U.S. Small Business Administration: [sba.gov](https://sba.gov)