

Drug Name: Soma

Common Use: Muscle relaxer

Coverage Requirement: Failure of 3 Skeletal Muscle Relaxants

- Robaxin (methocarbamol)
- Lioresal (baclofen)
- Zanaflex (tizanidine)
- Skelaxin (metaxalone)
- Amrix (cyclobenzaprine)
- Dantrium (dantrolene)
- Norflex (orphenadrine)

Coverage Rationale: “There is no clinical evidence that shows Soma is more effective than other skeletal muscle relaxants. Preferred agents should be considered first.”

*If your doctor would like an exception to step therapy, he or she may request preauthorization by calling SelectHealth Pharmacy Services at **801-442-4912** (Salt Lake area) or **800-442-3129** weekdays, from 7:00 a.m. to 8:00 p.m., and Saturdays, from 9:00 a.m. to 3:00 p.m.*