

Drug Name: Silenor

Common Use: Treatment of insomnia

Coverage Requirement: Failure of a generic sleep aid and a generic TCA within the last six months

Generic sleep aids

Zolpidem (generic for Ambien)
Zaleplon (generic for Sonata)

Generic TCAs

Amitriptyline
Amoxapine
Clomipramine
Desipramine (generic for Norpramin)
Doxepin (generic for Sinequan)
Imipramine (generic for Tofranil, Tofranil-PM)
Nortriptyline (generic for Pamelor)
Protriptyline (generic for Vivactil)
Trimipramine (generic for Surmontil)

Coverage Rationale: There is no clinical evidence that shows Silenor is more effective than other sleep aids. Preferred agents should be considered first.

*If your doctor would like an exception to step therapy, he or she may request preauthorization by calling SelectHealth Pharmacy Services at **801-442-4912** (Salt Lake area) or **800-442-3129** weekdays, from 7:00 a.m. to 8:00 p.m., and Saturdays, from 9:00 a.m. to 3:00 p.m.*