

Drug Name: Amrix

Common Use: Muscle relaxer

Coverage Requirement: Failure of 3 skeletal muscle relaxants:

Robaxin (methocarbamol)

Lioresal (baclofen)

Zanaflex (tizanidine)

Skelaxin (metaxalone)

Soma (carisoprodol)

Dantrium (dantrolene)

Norflex (orphenadrine)

Coverage Rationale: There is no clinical evidence that one medication in this class is more effective than another. Generic and preferred medications should be considered first.

*If your doctor would like an exception to step therapy, he or she may request preauthorization by calling SelectHealth Pharmacy Services at **801-442-4912** (Salt Lake area) or **800-442-3129** weekdays, from 7:00 a.m. to 8:00 p.m., and Saturdays, from 9:00 a.m. to 3:00 p.m.*