

NationCare Preferred PPO Networks

National Networks

These networks are available in all 50 states. Employees who live in a state where a national network has been selected will access the same network nationwide for in-network benefits.

State	PPO	Network Name	Websites	Phone
All	FH	First Health	www.firsthealth.com	800-937-6824
All	PHC	PHCS	www.phcs.com	800-253-4417
All	G0	BeechStreet	www.beechstreet.com	800-432-1776

Regional Networks

Regional network availability is outlined below for each state. First Health will be the wrap around network for emergency services received when an insured is traveling out of network or for dependent children away at school, except if one of the national networks listed above is also the network available for that region in which case that national network will be the network to access for all services. If a state is not listed below, only the national networks listed above are available in that state.

State	PPO	Network Name	Websites	Phone
Alabama	FH	First Health	www.firsthealth.com	800-937-6824
Alaska	G0	Beech Street	www.beechstreet.com	800-432-1776
Alaska	FH	First Health	www.firsthealth.com	800-937-6824
Arizona	PHC	PHCS	www.phcs.com	800-253-4417
Arizona	FH	First Health	www.firsthealth.com	800-937-6824
Arkansas	NOV	Novasys	www.novasyshealth.com	877-362-9003
California	FH	First Health	www.firsthealth.com	800-937-6824
California	PHC	PHCS	www.phcs.com	800-253-4417
California	G0	Beech Street	www.beechstreet.com	800-432-1776
Colorado	SLP	Cofinity Mountain	www.cofinity.net	800-831-1166
Colorado	FH	First Health	www.firsthealth.com	800-937-6824
Colorado	PHC	PHCS	www.phcs.com	800-253-4417
Connecticut	PHC	PHCS	www.phcs.com	800-253-4417
Delaware	FH	First Health	www.firsthealth.com	800-937-6824
Delaware	W7	OneNet	www.onenetppo.com	800-342-3289
District of Colum	PHC	PHCS	www.phcs.com	800-253-4417
Florida	FH	First Health	www.firsthealth.com	800-937-6824
Florida	PHC	PHCS	www.phcs.com	800-253-4417
Georgia	PHC	PHCS	www.phcs.com	800-253-4417
Georgia	FH	First Health	www.firsthealth.com	800-937-6824
Hawaii	FH	First Health	www.firsthealth.com	800-937-6824
Idaho	IPN	Idaho Physicians Network	www.ipnmd.com	888-977-9299
Idaho	FH	First Health	www.firsthealth.com	800-937-6824
Illinois	PHC	PHCS	www.phcs.com	800-253-4417
Illinois	FH	First Health	www.firsthealth.com	800-937-6824
Indiana	SAG	Sagamore Plus	www.sagamorehn.com	800-364-3469
Indiana	PHC	PHCS	www.phcs.com	800-253-4417
Iowa	CO1	Midlands Choice	www.midlandschoice.com	800-605-8259
Iowa	FH	First Health	www.firsthealth.com	800-937-6824
Kansas	FH	First Health	www.firsthealth.com	800-937-6824
Kansas	W6	ProviDRS Care Network	www.wppainc.com	800-801-9772
Kansas	PHC	PHCS	www.phcs.com	800-253-4417
Kentucky	PHC	PHCS	www.phcs.com	800-253-4417
Louisiana	PHC	PHCS	www.phcs.com	800-253-4417
Maine	PHC	PHCS	www.phcs.com	800-253-4417
Maryland	W7	OneNet	www.onenetppo.com	800-342-3289
Maryland	FH	First Health	www.firsthealth.com	800-937-6824
Massachusetts	PHC	PHCS	www.phcs.com	800-253-4417
Michigan	MIC	Cofinity Midwest	www.cofinity.net	800-831-1166
Michigan	PHC	PHCS	www.phcs.com	800-253-4417
Michigan	FH	First Health	www.firsthealth.com	800-937-6824
Minnesota	P1	Preferred One	www.preferredone.com	800-451-9597
Minnesota	FH	First Health	www.firsthealth.com	800-937-6824
Mississippi	PHC	PHCS	www.phcs.com	800-253-4417
Mississippi	MPC	MPCN	www.mpcn-ms.com	800-831-8533
Missouri	PHC	PHCS	www.phcs.com	800-253-4417
Missouri	FH	First Health	www.firsthealth.com	800-937-6824
Montana	DI1	Interwest	www.interwesthealth.com	877-542-1912
Montana	FH	First Health	www.firsthealth.com	800-937-6824
Nebraska	CO1	Midlands Choice	www.midlandschoice.com	800-605-8259
Nebraska	FH	First Health	www.firsthealth.com	800-937-6824
Nevada	PHC	PHCS	www.phcs.com	800-253-4417
Nevada	FH	First Health	www.firsthealth.com	800-937-6824
Nevada	L1	Universal Health Network	www.universalhealthnet.com	800-776-6959
New Hampshire	FH	First Health	www.firsthealth.com	800-937-6824
New Jersey	PHC	PHCS	www.phcs.com	800-253-4417
New Mexico	PHC	PHCS	www.phcs.com	800-253-4417
New Mexico	BD1	Health Smart	www.healthsmart.net	800-687-0500
New York	PHC	PHCS	www.phcs.com	800-253-4417
New York	FH	First Health	www.firsthealth.com	800-937-6824
North Carolina	AG1	Medcost	www.medcost.com	800-824-7406
North Carolina	FH	First Health	www.firsthealth.com	800-937-6824
North Dakota	FH	First Health	www.firsthealth.com	800-937-6824
North Dakota	P1	Preferred One	www.preferredone.com	800-451-9597
Ohio	MMO	SuperMed	www.supermednetwork.com	800-523-8558
Ohio	PHC	PHCS	www.phcs.com	800-253-4417
Oklahoma	FH	First Health	www.firsthealth.com	800-937-6824
Oklahoma	PHC	PHCS	www.phcs.com	800-253-4417
Oregon	FH	First Health	www.firsthealth.com	800-937-6824
Pennsylvania	DEV	Devon	www.devonhealth.com	800-431-2273
Pennsylvania	FH	First Health	www.firsthealth.com	800-937-6824

Rhode Island	FH	First Health	www.firsthealth.com	800-937-6824
South Carolina	AG1	Medcost	www.medcost.com	800-824-7406
South Carolina	FH	First Health	www.firsthealth.com	800-937-6824
South Dakota	FH	First Health	www.firsthealth.com	800-937-6824
South Dakota	FC	First Choice of the Midwest	www.1choicem.com	888-246-9949
South Dakota	CO1	Midlands Choice	www.midlandschoice.com	800-605-8259
Tennessee	FH	First Health	www.firsthealth.com	800-937-6824
Tennessee	CR1	NovaNet	www.novanetppo.com	
Tennessee	CP1	Signature Health Alliance	www.signaturehealth.com	800-264-3060
Texas	PHC	PHCS	www.phcs.com	800-253-4417
Texas	FH	First Health	www.firsthealth.com	800-937-6824
Texas	BD1	Health Smart	www.healthsmart.net	800-687-0500
Utah	FH	First Health	www.firsthealth.com	800-937-6824
Utah	G0	Beech Street	www.beechstreet.com	800-432-1776
Utah	PHC	PHCS	www.phcs.com	800-253-4417
Vermont	FH	First Health	www.firsthealth.com	800-937-6824
Virginia	FH	First Health	www.firsthealth.com	800-937-6824
Washington	G0	Beech Street	www.beechstreet.com	800-432-1776
Washington	FH	First Health	www.firsthealth.com	800-937-6824
West Virginia	FH	First Health	www.firsthealth.com	800-937-6824
Wisconsin	HEO	HealthEos	www.healtheos.com	800-279-9776
Wisconsin	FH	First Health	www.firsthealth.com	800-937-6824
Wyoming	FC	First Choice of the Midwest	www.1choicem.com	888-246-9949
Wyoming	FH	First Health	www.firsthealth.com	800-937-6824

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