

SELECTHEALTH PREVENTIVE CARE COVERAGE



The following is a list of services considered preventive by SelectHealth when billed with a preventive diagnosis code by your doctor. Unless otherwise indicated, these services are generally covered once every 12 months. Consult your doctor for recommended screening guidelines.

ADULT PREVENTIVE SERVICES

(Ages 18 and older)

LABORATORY TESTS

- Basic Metabolic Panel/
Comprehensive Metabolic Panel
- General Health Panel
- Complete Blood Count (CBC)
- Thyroid (TSH)
- Prostate Cancer (PSA)
- Diabetes Screening
- Urinalysis
- Cholesterol Screening
- Gonorrhea Screening
- Human Papillomavirus (HPV) Testing
- Chlamydia Screening
- Human Immunodeficiency Virus (HIV) Screening
- Syphilis Screening
- Tuberculosis (TB) Testing

PROCEDURES

- Pap Smear
- Screening Mammogram
- Colon Cancer Screening
- Abdominal Aortic Aneurysm (males only, once between ages 65 and 75)
- Bone Density/DEXA (once every two years in women ages 60 and older)

EXAMINATIONS/COUNSELING

- Physical Examination
- Eye Exam
- Tobacco Use Counseling
- Alcohol Misuse Screening and Counseling
- Hearing Screening (ages 65 and older)
- Glaucoma Screening
- Sexually Transmitted Infections, Counseling
- Dietary Counseling (only for certain diet-related chronic diseases)

IMMUNIZATIONS

- Influenza
- Tetanus or Tetanus, Diphtheria, and Pertussis (Td, Tdap)
- Pneumococcal
- Hepatitis A
- Meningitis
- Zoster (ages 60 and older)
- Human Papilloma Virus (HPV) (ages 9 to 26)





PEDIATRIC PREVENTIVE SERVICES *(Younger than age 18)*

EXAMINATIONS/COUNSELING

- Well-Child Visit (preventive when billed on the following schedule: birth; 2 to 4 days; 2 to 4 weeks; 2, 4, 6, 9, 12, 15, and 18 months; ages 2, 2 1/2; once a year from ages 3 to 18)
- Eye Exam
- Developmental Testing
- Newborn Hearing Screening (younger than age one)
- Hearing Screening (ages 10 and younger)

LABORATORY TESTS

- Newborn Metabolic Screening (younger than age 1)
- PKU Screening (younger than age 1)
- Thyroid (younger than age 1)
- Sickle Cell Disease Screening (younger than age 1)
- Lead Screening
- HIV Screening
- TB Testing

IMMUNIZATIONS

(As recommended by the CDC/ACIP)

- Measles, Mumps, Rubella (MMR)
- Diphtheria, Tetanus, Pertussis (Dtap, DT, DTP)
- Haemophilus Influenzae Type B (Hib, DtaP-Hib-IPV, DTP-Hib, Dtap-Hib)
- Hepatitis B (HepB)
- Polio (OPV, IPV, DtaP-Hep-LPV)
- Influenza
- Pneumococcal
- Hepatitis A
- Hepatitis B
- Meningitis
- Varicella (including MMVR)
- Rotavirus
- Human Papilloma Virus (HPV) (ages 9 to 26)



OBSTETRICAL PREVENTIVE SERVICES

These tests are specific to pregnant women. To determine which additional non-obstetrical services may be considered preventive, please refer to the Adult or Pediatric Preventive Services lists.

LABORATORY TESTS

- Iron Deficiency Anemia Screening
- Diabetes Screening
- Urine Study to Detect Asymptomatic Bacteriuria (first prenatal visit or at 12 to 16 weeks gestation)
- Rubella Screening
- Rh(D) Incompatibility Screening
- Lead Screening
- Hepatitis B Infection Screening (at first prenatal visit)
- Gonorrhea Screening
- HPV Testing
- Chlamydia Screening
- HIV Screening
- Syphilis Screening
- TB Testing

This list can also be found at selecthealth.org or contact Member Services at 801-442-5038 (Salt Lake area) or 800-538-5038.